

HES Menu Photos- Spring Summer 2023

WEEK 1

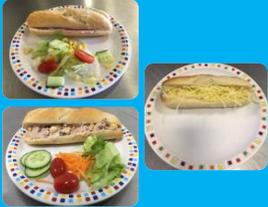
Week
Commencing:

24/04/23,
15/05/23,
12/06/23,
03/07/23

Monday	Tuesday	Wednesday	Thursday	Friday
Golden Dippers with Wedges (VE) 	BBQ Chicken with Herby Diced Potatoes 	Tandoori Chicken with Rice 	Traditional Roast Turkey 	Omega 3 Fish Fingers with Oven-Baked Chips 
Vegetable Biryani (VE) 	Freshly Baked Baguette with a Choice of Filling 	Jacket Potato with Beans(VE), Cheese(V) or Tuna 	Cheesy Tomato Pasta (V) 	Jacket Potato with Beans(VE), Cheese(V) or Tuna 
Margherita Pizza with Wedges (V) 	Rustic Italian Meatball Linguine (VE) 	Mac 'N' Cheese (V) 	Mince & Onion Puff (VE) 	Lightly Spiced Rogan Josh with Rice (VE) 
Vanilla Ice Cream Tub (V) 	Fruit Jelly (VE) 	Sticky Toffee Pudding & Custard (V) 	Fresh Fruit Platter (VE) 	Marble Cake with Custard 

WEEK 2

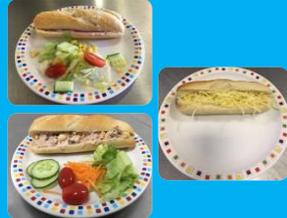
Week Commencing:
01/05/23,
22/05/23,
19/06/23,
10/07/23

	Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Cheesy Tomato Pasta (V)</p> 	<p>Creamy Chicken Korma with Rice</p> 	<p>Sticky Chicken with Jollof Rice</p> 	<p>Sausage Toad in the Hole</p> 	<p>Battered Fish Fillet with Oven Baked Chips</p> 
	<p>Jacket Potato with a Choice of Topping</p> 	<p>Freshly Baked Baguette with a Choice of Filling</p> 	<p>Jacket Potato with Beans(VE), Cheese(V) or Tuna</p> 	<p>Creamy Fish Pie</p> 	<p>Cheesy Tomato Pasta (V)</p> 
	<p>Sausage Roll with Diced Potatoes (VE)</p> 	<p>Crispy Vegetable Fingers with Wedges (VE)</p> 	<p>Sweet Potato & Chickpea Tikka Masala with Rice (VE)</p> 	<p>Toad in the Hole (VE)</p> 	<p>Mexican Style Fajita with Oven baked Chips (VE)</p> 
	<p>Banana Sponge with Custard (V)</p> 	<p>Strawberry Iced Fruit Smoothie (VE)</p> 	<p>Oaty Fruit Crunch with Custard (V)</p> 	<p>Fresh Fruit Platter (VE)</p> 	<p>Vanilla Cookie (VE)</p> 

WEEK 3

Week
Commencing:

17/04/23,
08/05/23,
05/06/23,
26/06/23,
17/07/23

	Monday	Tuesday	Wednesday	Thursday	Friday
	Beef Burger with Wedges 	Honey Mustard Chicken with Diced Potatoes 	Margherita Pizza with Potato Dippers 	Spaghetti Bolognese 	Fish Fingers with Oven-Baked Chips 
	Cheese & Potato Bake (V) 	Cheesy Tomato Pasta (V) 	Jacket Potato with Beans(VE), Cheese(V) or Tuna Mayo 	Freshly Baked Baguette with a Choice of Filling 	Spanish Style Pieces with Rice (VE) 
	Country Bake Burger with Wedges (VE) 	Sausage Casserole with Diced Potatoes (VE) 	Dippers topped with Cauliflower & Lentil Curry (VE) 	Sausage Roll with Potato Wedges (VE) 	Hot Cheesy Wrap Stack Baked Chips (V) 
	Peach & Apple Crumble with Custard (V) 	Raspberry Ripple Arctic Roll (V) 	Fresh Fruit Platter (VE) 	Fruit Jelly (VE) 	Orange Cookie (VE) 